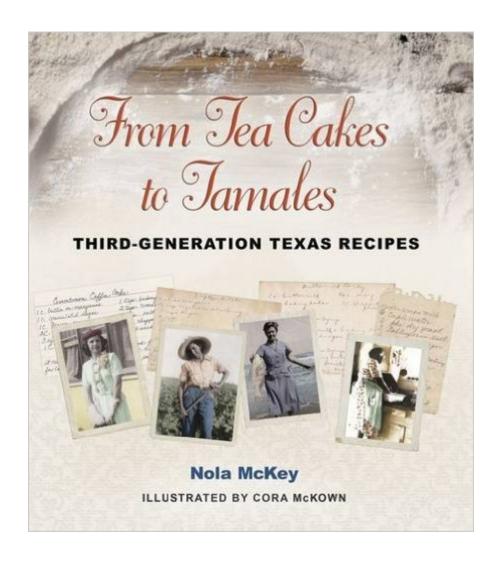
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From Tea Cakes To Tamales: Third-Generation Texas Recipes (Clayton Wheat Williams Texas Life Series)





Synopsis

Join journalist-turned-culinary historian Nola McKey on a Texas journey as she explores the stateâ ™s foodways through heirloom recipes. In this collection of more than one hundred third-generation (and older) recipes, Texans share not only the delicious dishes they inherited from their ancestors but the stories and traditions that accompany them. With a strong focus on Texasâ ™ cultural diversityâ "recipes include Norwegian rosettes, Italian pizzelle, Czech sauerkraut, Chinese fried rice, Mexican caldo, Wendish noodles, and African American purple hull peasâ "McKey documents the culinary impact of ethnic groups from around the globe. A But this book is not for foodies alone; history enthusiasts will appreciate the snapshots of daily Texas life captured in the narratives accompanying recipes that span more than a century. Told primarily in the words of todayâ ™s cooks, these multigenerational family recollections can take anyone on a trip down memory lane, back to a beloved grandmotherâ ™s kitchen or a great-auntâ ™s holiday table. A Additionally, McKey provides tips for preserving your own family recipes and for recording the heritage surrounding a special dish. She also includes recommendations for festivals and museums where readers can learn more about Texas foods and cultures. A Illustrated with family photos and original watercolors by Cora McKown, From Tea Cakes to Tamales: Third-Generation Texas Recipes will, itself, quickly become a Texas family heirloom.

Book Information

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Cookbooks, Food & Wine > Cooking Education & Reference > History #14250 in Books > History

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Customer Reviews

Wonderful recipes! I love reading the history and origin of each one! Ms. McKey did an amazing job on this cookbook!

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